

Shamanic ceremonies, 28 January – 7 February 2019.

The shamanic practices will be held in the lamoe center located in the Ecuadorian Amazon in the buffer zone of the Yasuni National Park.

The cost of the workshop includes:

- The collection of people at the airport and the return to it, the various transports including local flights, to the areas mentioned.
- Three meals and snacks.
- Lodgings.
- Equipment for the activities, etc.

Goals

Learn three different shamanic techniques that include candle ceremonies, ceremonies with eggs and cleansing ceremonies with various aromatic and Amazonian plants.

Preparation of various Amazonian drinks with palm fruits from the region for food purposes. Preparation of Ishpingo and chocolate.

Preparation of Ishpingo and annato ceremonial cosmetics.

Activities

Jungle walks

Visits to sacred places

Daily workshops that include sessions of instruction, discussion and practice.

Interaction with different healers in the region

The agenda of activities is exclusive to the iamoe center and several of the techniques are the intellectual property of Rocio Alarcon Gallegos.